



## Winter school Critical Care February 11<sup>th</sup> – 22<sup>nd</sup>, 2019 General Information

welcome to Tübingen! **Tübingen** is a lovely university town in Southern Germany that offers a high quality of life, whether you come to study, work or just take a break. In addition to the many tourist attractions in the city itself, the region abounds with nearby sightseeing destinations such as Munich, Zurich, Strasbourg, the Black Forest, Lake Constance and the Alps.



The **Eberhard Karls Universität** Tübingen is one of Europe's oldest universities. Its history began in 1477, when Count Eberhard "the Bearded" of Württemberg founded the University. With this long tradition, the University of Tübingen is one of the most respected universities in Germany. Recently, it has been selected for funding in the Excellence Initiative sponsored by the German federal and state governments, making Tübingen one of eleven German universities distinguished with that title of excellence. Tübingen has also proven its status as a leading research university in many national and international competitions – in key rankings Tübingen is listed among Germany's best



universities for Science, Medicine, the Humanities and the Social Sciences. Today the University specializes in a number of innovative fields of research: Neuroscience, Clinical Imaging, Translational Immunology and Cancer Research, Microbiology and Infection Research, Molecular Biology of Plants, Environmental and Geoscience, Astro- and Elementary Particle Physics, Quantum Physics and Nanotechnology, Archaeology and Anthropology, Language and Cognition, Education and the Media.

The **Medical Faculty** is one of the four oldest faculties and it is world-famous in connection with DNA-decoding and neuroscience cluster of excellence.

## Preliminary course program

Course material is the Fundamental Critical Care Support (FCCS) program of the Society of Critical Care Medicine. You will receive the course material upon your arrival here. At the end of the course you can take the FCCS-examination

	Mon 11.2.	Tue 12.2.	Wed 13.2.	Thu 14.2.	Fri 15.2.
9:00 - 12:00	Wellcome  00 Introduction  01 Recognition and assessment	04 Respiratory failure  05 Mechanical ventilation	06 Monitoring blood flow  07 Diagnosis and management of shock	02 Airway management  Emergency training  TüPASS	03 Cardiopulmonary resuscitation  Emergency training  TüPASS
13:00 - 16:00	Basic clinical skills	Mechanical Ventilation	Ultrasound	Emergency training	Emergency training
	Mon 18.2.	Tue 19.2.	Wed 20.2	Thu 21.2	Fri 22.2
9:00 - 12:00	Advanced clinical skills  <b>New Anatomy</b>	10 Acute coronary syndrome  12 Mangement of life-threatening electrolyte and metabolic disturbances	11 Life threatening infections, Sepsis	15 Ethics in critical care medicine	FCCS-Exam, Feedback
		13 Special considerations	Clinical rounds <b>SICU Anesthesiology</b>	Clinical rounds <b>MICU</b>	
13:00 - 16:00	08 Neurologic support  09 Trauma 10 Pregnancy  16 Critical care in infants and children	Problem Based Learning Cases	PBL/Cases	PBL/Cases	Farewell dinner in the evening

## How to apply

In order to apply for winter school you should hand in the following documents:

- Application Form. Please use the attached form.
- Proof of Immunization of Hepatitis B
- Proof of Health, Accident and Liability Assurance



TV and WIFI are available. Please note that German sockets differ from American ones, so you may need a socket adapter. The house is also provided with a kitchen. There are a washing machine and a dryer to be used at charge.

Check-in is from 3 p.m to 6 p.m.. Please inform us if you arrive later, so we can arrange that your room key is deposited for you in the key box outside.

#### Address:

Viktor Renner Haus

Frondsbergstraße 55

D-72070 Tübingen

<http://www.internationaler-bund.de/angebote/standort/209989>

The guesthouse is a **no smoking building**. Smoking in the guestrooms is strictly forbidden.

However you can also find accommodation by yourself. Please let us know if you would like to stay at the Viktor Renner Haus.



#### **How to get around**

Tübingen is rather small and it is possible to walk anywhere. However, it is very hilly and you are well advised to take the bus. You will receive a bus ticket with your Welcome Package upon arrival.

#### **Where to eat**

While you are in the hospital area it is convenient to have lunch at the cafeteria. For dinner you may eat at one of the various restaurants, take aways ... . Please note that there will be no breakfast at the Viktor-Renner-Haus, so please get some food for the next day when you arrive. **Shops and supermarkets are closed on Sundays**. There are also a lot of bakeries in the old town where you can have breakfast. These are also open at the weekend.

#### **What to do during free time**

On the day of your arrival you will receive a Welcome Package which will include an itinerary on extracurricular activities that will have been planned prior to your arrival. If you have any ideas or wishes, please let us know a.s.a.p. after you have signed up for the program!

Besides the planned events, Tübingen has a wide range of outdoor activities. You can walk along the Neckar river or enjoy the historical Downtown with its charming little stores and cafés. For detailed information please ask your classmates in the seminar.

### **Where to go out at night**

Tübingen is a University town and has therefore many locations where you can spend your evening. For detailed information please ask your German classmates.

### **How to regulate finances**

It is probably best if you have small amounts of cash on you at all times. Credit Cards will be accepted almost anywhere however small amounts of money (e.g. bus fare from the Airport to Tübingen or at the bakery) usually must be paid cash. Do not exchange large sums of money at the airport or money change offices as they charge high fees and exchange rates! You are probably well advised if you take out money at ATMs with your Debit or Credit Card. Please ask your bank about fees before leaving.

**We are happy to welcome you to Tübingen  
and are looking forward to meeting you in February!**



Personal Data Sheet

Winter School in Critical Care 2019

Name, Surname: \_\_\_\_\_

Date/ Place of Birth: \_\_\_\_\_

Current Address: \_\_\_\_\_

Permanent Address (valid until min. July. 2020): \_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_

Mobile:: \_\_\_\_\_

Citizenship: \_\_\_\_\_ Gender m  f



Would you like to do an internship (2 weeks) in the ICU after winter school? Yes  No

I need accommodation from February 9<sup>th</sup>  10<sup>th</sup>   
until February 23<sup>rd</sup>  24<sup>th</sup>

Do you already have any experiences in critical care? If yes, please describe

What are you more interested in?

Anaesthesiology  Internal Medicine  Surgery

Do you require special food for health, nutritional or religious reasons? If yes, please precise

\_\_\_\_\_

I agree that my email address and phone number is passed on to the German participants of Winter School.  
Yes  No

The names, addresses and emails of all participants will be forwarded to the Society of Critical Care Medicine according to their course regulations.

The application documents you sent to Tübingen University will be deleted/destroyed after FCCS-certificates have been successfully sent to you.

\_\_\_\_\_ Date

\_\_\_\_\_ Signature

What kind of extra-curricular activities are you interested in?

- |   |   |
|---|---|
| <input type="checkbox"/> Visit of Mercedes Benz Car Museum, Stuttgart | <input type="checkbox"/> Visit of Porsche Car Museum, Stuttgart |
| <input type="checkbox"/> Visit of a German Castle                     | <input type="checkbox"/> Visit of the Monastery of Bebenhausen  |
| <input type="checkbox"/> Visit of the Ritter Sport Chocolate Museum   | <input type="checkbox"/> Other _____                            |