Addressing the Needs of the Struggling Medical Learner
学習困難者をどう支援するか
-文化的・個人的背景をふまえて-

The training of physicians requires learners to clinically perform at very high standards, often in pressured situations for long periods of time. These high standards are necessary to ensure the health of the public. Yet, young learners, unaccustomed to the rigors of training, often struggle academically, clinically, and personally. In any School of Medicine, between 5-15% of learners will struggle academically, while 25-50% will experience high levels of stress, anxiety and (some) depression.

In this seminar, we will explore issues related to the struggling medical learner, including cultural and personal factors. We will then develop a paradigm to successfully diagnose and address the needs of the struggling learner. Both individual and systems approaches to learner skills improvement will be discussed, including the need for programmatic and individual accountability, and the need for faculty development. This learner-centered approach has been used successfully in 3 United States Schools of Medicine for over 10 years.